

YEAR 11

Explore Possibilities: Post 16 options, LMI, working environments

Creating Opportunities: networking and experiences of workplaces, volunteering and paid work.

Manage Career: meetings, action plans and setting goals. Applications for college, training providers and apprenticeships. CV and cover letters. Interview techniques.

Grow throughout life: reflecting on career journey past, present and future

Balance life and work: university or apprenticeships, different contracts, wellbeing in the workplace.

See the Big Picture: working environments

YEAR 9

Managing Career; career terminology and taking control of your career journey.

Growing through life; identifying interests

Looking at your strengths, weaknesses, subjects you enjoy, dreams and aspirations

Exploring Possibilities: Future pathways and options and GCSEs. 14-16 Vocational courses. College visits and interviews

Balance life and work: What does success mean to me, working + earning

YEAR 7

Create Unifrog accounts and develop profiles

Growing through life – strengths and interests - personality quiz Interests profile What are skills?

Manage Career- What is Career?

Explore Possibilities: What's your dream job? Careers and the future

Work life balance

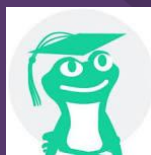
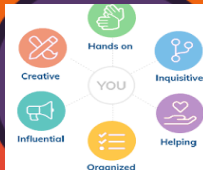
MORE OPPORTUNITIES

Unifrog: explore opportunities for after school; quizzes, film clips, virtual work experience, courses, webinars, labour market information (LMI)

College visits and presentations

Career workshops with employers

Career adviser 1:1 meetings by appointment



iCollege Careers 2025 – 2026 YEAR 10

Exploring Possibilities – LMI future pathways, apprenticeships and career choices - visits and presenters

Creating Opportunities; networking and experiencing How to contact employers and research possible placements Work experience

Managing Career: Making action plans, creating CVs and cover letters

Growing through life: strengths, interests and employability skills

YEAR 8

Growing through life – what are my skills and interests?

Manage Career – job applications, superhero CVs. Creating the life you want. Making a great first impression

Balance Life and Work – Challenges and rewards of work

See the Big Picture – Careers and the Climate

Key Dates

FEBRUARY: National Apprenticeship Week. Year 11 Mock Interviews Year 10 Work Experience Interviews

MARCH: National Careers Week Science Week Activities with STEM employer

JAN TO JUNE: Year 10 Work experience

JULY: Year 10 Transition & Open Event

SEPT- JANUARY: Year 11 career guidance meetings

JULY – OCT Transition Support

FEB – JULY: Year 9 + Year 10 Career Guidance

SEPTEMBER: Year 7, 8, 9 Estate Visit
Year 11 Westcoast Skills Workshop

OCTOBER: All Year Groups iCollege Careers Event Year 11 Destinations EXPO. 6th Form + College Open Events

NOVEMBER: KS3 Careers Through Arts

DECEMBER: Year 11 AWE Presentations YR 9 and 10 Waterside Community Centre Visits